

Bessborough Child Care Centre

211 Bessborough Dr. Toronto, Ontario, M4G 3K2

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Menu 2021/2022

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Oat Bars Apple Sauce	Dried Apple/Tropical Crisps Yogurt Cups	Whole Grain Cheerios	Apple Bars Apple Sauce	Arrowroot Crackers Frozen Yogurt Tube
Milk and water are offered at breakfast		Oranges and/or apples and/or seasonal fruit are served with breakfast		

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Rice Rolls Yogurt Cups	Stacy's Crackers Dip	W.W. Tortilla Chips Sour Cream Salsa	W.W. Premium Plus Cheese String Apple Sauce	Blueberry Lemon Loaf Cake
MadeGood Crackers Cucumbers	Whole Wheat Pita Tzatziki	W.W. Mini Croissants WOW Butter	Trail Mix (Cheerios, Cranberries, Goldfish, Shreddies, Smart Pop, Quinoa Puffs)	Apple Cinnamon and/or Berry Trio Muffins
Oranges and/or apples and/or seasonal fruit will be provided with snack Water will be offered with snack *W.W. – Whole Wheat				