

Bessborough Child Care Centre

211 Bessborough Dr. Toronto, Ontario, M4G 3K2

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Menu 2024/2025

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Shreddies Apple Sauce	Banana Muffins Yogurt	Croissants Apple Sauce	Blueberry Pitas Yogurt	Arrowroot Crackers Yogurt
Water is offered at breakfast				

Afternoon Snack – catered by Wholesome Foods

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Digestive Cookies Vanilla Yogurt	Soda Crackers Cheese Curds	Spice Snaps Orange	WW Pita Pocket Cheese Slice Banana	Berry Granola Minis Apple
2	Melba Toast Cheese Curds Baby Carrots	Digestive Cookies Apple	Cocoa Snaps Berry Applesauce	Maple Oat Loaf Cucumber Slices	Oatmeal Cookie Banana
3	Spice Snaps Orange	WW Flat Crackers Cheese Slice	Ginger Snaps Pear	WW Breadsticks Applesauce	Lemon Blueberry Loaf Cucumber Slices
4	BOB Bar Clementine	WW Flat Crackers Cheese Curds	Strawberry Granola Bar Applesauce	Maple Loaf Carrots	WW Breton Crackers Grape Tomatoes
Water will be offered with snack					*W.W. – Whole Wheat